

Introduction

"SomeDay" is a poem written by one of our former Saddleback Support Group members, Bob Barry. His purpose with the poem is to raise awareness of both the general public and "parkies" themselves as to the hardships of Parkinson. At the same time he wants to provide hope and encouragement for those actually facing the battle against this progressive disease.

Note: Bob and Betty have moved out of the area and they will be truly missed. However the poem and its sentiments will have a lasting affect for years to come.

Please feel free to share on an individual basis this poem with anyone you think might benefit from it. However, please no large-scale postings in newsletters, blogs, etc. without the permission of Bob Barry. Also if you know someone with Parkinson's that could benefit from a Christian based support group then give them this Website www.saddlebackpd.org if they would like more information.

SOMEDAY

By Bob Barry

Original Version

Someday my lovely wife will help me out of bed and life will be gray, but not today.

Someday my whole body will shake and I cannot stop it, but not today.

Someday I will shuffle about afraid to take a step, but not today.

Someday my voice will be barely audible, but not today.

Someday my golf clubs will collect dust in the garage, but not today.

Someday someone else will drive me in my car, but not today.

Someday someone will take me to a ball game and I will sit and stare, but not today.

Someday I will drool in an embarrassing moment, but not today.

Someday I will look in a mirror and wonder who I have become, but not today.

Today I get out of bed and hug my wife and give her a big kiss, because I can.

Today I wake up and smile at the sun and have my coffee with out spilling a drop,
because I can.

Today I will pull on my socks and tie my shoes, because I can.

Today I will sing songs with my friends loud and clear, because I can.

Today I will walk the back nine looking for golf balls, because I can.

Today I will play golf with anybody that wants to, because I can.

Today I will drive my car anywhere I need to because I can.

Today I will wipe the mustard from my hot dog at a baseball game, because I can.
Today I look in the mirror, smile and say, "It is what it is", because I can..
Today I will do everything I can with passion and excitement, because I can today.
Today my God has given me a reason to love life like there is no tomorrow.
There will be a "Someday", someday, but not today.

SHAKEN BUT NOT BROKEN

Written by Bob Barry February 2009
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